



CHALK TALK

SCATS 54 Years of Excellence
Gymnastics

Holiday Camps Galore + “Drop ‘n’ Shop”

When school is closed, SCATS is open for fun!

Did you know that SCATS has camp scheduled for most federal holidays in addition to our renown Gym & Swim Camp during the summer months?

November has a couple of great camps in store: the upcoming Veterans Day Camp on Friday the 10th as well as our annual Turkey Tumbler Day Camp the week of Thanksgiving—November 20th—22nd, while December has not one, but TWO weeks of camp during winter break!

Much like our Gym & Swim Summer Camp, these holiday

campers are packed with high energy, recreational gymnastics, athletic games, arts and crafts, music, and occasional special events and guests.

Holiday camps also run from 8:30 AM to 3:30 PM with half days available and optional extended care up until 6:00 PM for only \$6 per hour (with prior notice). Make sure to take advantage of our multiple-day and sibling discounts as well!

Also in December, we’re hosting our annual “Drop ‘n’ Shop” days on Saturday, December 9th & 16th. Get your shopping and gift-hiding done in advance. We’ll watch your gymnasts for you!

No reason to leave the kids in front of Play Station while you scramble on their days off— drop them with their favorite SCATS coaches for some active and healthy fun!

Just give us a call or stop by the front desk to get more information or to register for one or both of these great camps. We hope you’ll join us!



Compulsory Girls Headed to State Champs

The SCATS Compulsory Girls Teams have been putting in some hard work this season, and it’s certainly showing!

The weekend just before Halloween was the highly competitive East Sectional Championship competition for girls SoCal Gymnastics, which is the last competition qualifier for State Championships. The girls all brought their best to the meet, including our youngest Level 3 squad with a number of girls in their first competitive season in the sport ever!

The Level 5 squad took home the team bronze, while girls across all compulsory levels (3, 4 and 5) put SCATS on the podium a total of 16 times



across individual events and all-around standings throughout the weekend!

Two of the SCATS Compulsory girls even put their all-around scores up above the difficult 38 pt benchmark— Brynn, Level 5, grabbed 3 silver medals on bars, beam and floor, while clutching the gold on vault and the all around for an impressive and well-deserved 38.075 total!

Meanwhile, Sela, Level 3, took the gold on floor, as well as a silver on both beam and all-around in a very competitive division this year. Sela rounded out her weekend with a whopping 38.150!

We couldn’t be more proud of ALL the girls and their top-notch displays of determination, work ethic and sportsmanship at the Sectional Championship competition, and we look forward to seeing many of them put in more work at State Champs this month. Feel free to come cheer them on if you’re in the San Diego area the weekend of November 18th and 19th. Good luck and good work girls! Keep it up!

Dates To Remember

- November 10th (Friday): Veterans Day Camp
- November 11th & 12th: Compulsory Girls State Champs
- November 18th: “Pilgrims’ Night Out” Event
- Nov. 20th—22nd Turkey Tumbler Camp!
- November 23rd: CLOSED for THANKSGIVING
- December 9th & 16th: “Drop ‘n’ Shop” Saturdays (12—6PM)
- December 18th—22nd: Winter Break Camp 1
- December 24th & 25th: CLOSED for XMAS!
- December 26th—29th: Winter Camp 2

Did You Know?

There are many ways to be safe in gymnastics, and appropriate attire is a big part of it! Girls, make sure to keep your hair tied back and leave jewelry at home. Leos are great, but light comfortable clothes that aren’t too baggy or too constricting are a good substitute.

UNLIMITED Make-Ups All December

Much like summer, we realize that the Holidays can be...draining. To make things a little bit easier on you this December, we'll be offering unlimited make-ups for your missed classes that month.

Leave your make-up card at home for the holidays— just give us a call and we'll be happy to book a make-up during any of our regular scheduled classes, pending availability. Remember, we



also offer two weeks of vacation credit each registration period for every student, so feel free to take advantage of one or both weeks this December if attending those make-up classes just doesn't look like it will be a reality.

Consistency and persistence are two of the biggest elements of progressing in gymnastics. We're hoping this lends itself well to both and makes life a little less stressful this holiday season!

Our Halloween Parties Were a BLAST!

Join Us Again This Month on Saturday the 18th!

Thanks everyone who joined us for our AWESOME Halloween Parties last Saturday. We had SO much fun with you all, and the costumes were a perfect 10.

Join us again this month for our annual "Pilgrims' Night Out" event on Nov. 18th! Come dressed as your best brave, princess, sailor, pilgrim or even a turkey (don't worry, it's pizza that's on the menu). We've got plenty of seasonal fun in store for this "night out" event, including supervised play time on the equipment, games, prizes, our 50-foot inflatable obstacle course, foam pit races, competitions, hide 'n' seek, freeze dance and more. All that plus pizza dinner for less than the cost of babysitting... something for which we can all be thankful!

Where: Here at SCATS!

What Time: 4:00 to 8:00 PM

Who's Invited: Kids 3 to 10 Years Old

Members: \$30, only \$25 for siblings

Non-Members: \$35, \$30 for siblings



Holiday Gifts for Gymnasts

The holidays are quickly approaching, and it's time to get the brain gears turning on those special Christmas and Hanukkah gifts for the kids.

Why not get your gymnast something extra special this year like a piece of quality gymnastics equipment for them to practice/show off with at home?

We will be selling a selection of gymnastics equipment from Norbert's Athletic Products, one of the premier names in apparatus manufacturing, via our website.

These items are a perfect size for home, easily stored, specially priced for the Holidays, and the same high quality



pieces Norbert's sells through their catalog. They have everything from mats to bars and beams. Just visit the news section on our site for a direct link and use the promo code "SC001".

If you're thinking a few smaller gifts versus one big one, don't forget about our SCATS Pro Shop located just past the front office area in the front of our facility. We have an extensive selection of leotards, gymnastics t-shirts and apparel, and we will be stocking some great SCATS hooded sweatshirts this year, too. We also have a variety of bar grips, wrist protectors and other top quality hand-made equipment used by everyone from tumblers and cheerleaders to our top international competitors. These specialty items are available upon request at the front desk and may require special ordering on certain sizes.

Happy Holiday shopping, and best of luck in finding that perfect gift!

CONGRATS

To SCATS Level 3, 4 & 5 Girls for an AWESOME job at Sectional Champs!

LEVEL 3

(no team entry)

SELA JU:

1st Place Floor, 2nd Place Beam,
2nd PLACE ALL AROUND!

MAKENA SIMBLAN:

2nd Place Floor

FELICITY TRAN:

2nd Place Vault

LEVEL 4

JESSE COLLINS:

2nd Place Vault

SUNNY LEIBOWITZ:

2nd Place Beam

CHARLOTTE TANPINCO:

4th Place Beam

LEVEL 5

THIRD PLACE TEAM!

BRYNN BAYONETA:

1st Place Vault,
2nd Place Bars, Beam & Floor!
1st PLACE ALL AROUND!

PARIS BLANCO:

1st Place Vault,
3rd Place Floor, 5th Place All Around

SPRING HOANG:

2nd Place Vault

MAKENZIE REIS:

2nd Place Vault, 4th Place Floor

KEEP IT UP, GIRLS!

**GOOD LUCK AT
STATE CHAMPS!**

QUOTE OF THE MONTH

"Obstacles are those frightful things you see when you take your eyes off your goals."
-Sydney Smith

